

RULES, TERMS & CONDITIONS

- 1) All FitnessPod users must take reasonable care and show consideration for their own safety and that of other members. Members and other users must take time to familiarise themselves with the equipment and methods of safe usage.
- 2) There is no supervisor or staff in attendance at the FitnessPod so users should familiarise themselves with basic first aid techniques. An emergency button is provided in each pod for your safety – any deliberate misuse of this button could result in police action.
- 3) All users must check with their GP before embarking on a fitness programme. By accepting the terms and conditions at the time of booking all members indemnify FitnessPod in respect of any disability or illness whether suffered in the FitnessPod or otherwise.
- 4) Members must be aged over 18. Any guests under the age of 18 must be supervised by a responsible adult. No under 12's admitted to FitnessPod.
- 5) For safety reasons at least two people must be present during your session in the FitnessPod. A maximum of three persons can use each Pod.
- 6) All FitnessPod users must read and follow the usage guidelines on each piece of equipment.
- 7) It is not compulsory to attend an induction. FitnessPod has been designed to be as fully automated and user friendly as possible. However we would be happy to meet you there and give you a tour of the facilities and further instructions on the equipment – email enquiries@fitnesspod.im
- 8) Please only use the equipment in your booked pod. Swapping between pods is not allowed.
- 9) Do not remove equipment from any of the pods.
- 10) FitnessPod maintains the right to refuse admission or request that members leave the premises if their behaviour is deemed to be inappropriate or shows disregard for these rules.
- 11) No members or other users will use the FitnessPod under influence of alcohol or drugs.
- 12) No smoking in any part of the building.

13) No food in the FitnessPod please and only plastic bottles or cups for drinks. No glass is allowed inside the building.

14) Whilst FitnessPod will do our utmost to ensure any lost property is returned to the owner, no responsibility or liability is accepted for property lost, damaged or stolen. Parked cars are left at the owners own risk, no liability is accepted.

15) Please ensure equipment is wiped clean and use the bins provided to dispose of wipes. Leave all areas of the FitnessPod clean and tidy please, as you would expect to find it.

16) Please show consideration for other users including vacating the FitnessPod promptly at the end of your session and not re-entering the FitnessPod or outer building out with your booked session time.

17) Refunds for cancelling a session will only be given by way of a credit to your membership account to be used for future bookings. If you cancel the booking with less than 24 hours until the start time you will not receive a credit unless another member books the cancelled session.

18) Your account balance may be topped up as a lump sum to be used against future bookings. No cash or card refund will be given for any balance not used.

*Any user disregarding these rules takes full responsibility for any injury or accidents. Fitness Pods Ltd reserves the right to change or add to these rules.
An up to date copy of these rules will be displayed in the Fitness Pods.*

Fitness Pod would be grateful if you could please report any accidental damages or any item which is not working so it can be rectified as soon as possible.

Any suggestions for improvements are welcome. Please email any comments, requests, complaints or maintenance issues to enquiries@fitnesspod.im

